

SUBSTANCE USE PREVENTION PARTNERSHIP

This is the monthly newsletter of the SUPP Coalition. We share information and updates central to our mission: To strengthen our communities to support alcohol and drug free youth in Lincoln County.

SAVE THE DATE Next SUPP Coalition Meeting: August 15 @ 1pm

450 PARENTS COMPLETE PARENT SURVEY

Healthy Lincoln County conducts a parent survey every two years to learn about parent beliefs, attitudes, behaviors, and concerns around youth substance use.

This year they received 454 responses, and raffled off \$800 worth of prizes to participants across Lincoln County.

The survey results will be analyzed this summer and a report released in the fall. The results will be used to help guide local decisions and resources about how to best strengthen our communities to support drug and alcohol free youth.

Thank you to all the parents who took the time to provide their input!



VOLUNTEERS NEEDED FOR TIP LINE WORK GROUP

Are you interested in helping us?

LOCATION HLC- 280 Main St, Damariscotta

DATE AND TIME 07/11/19 8:30am-07/11/19 10:00am

First of three meetings to re-brand the anonymous tip line, L-Tip.

Maybe

Healthy Lincoln County will be starting a work group over the summer with coalition partners interested in helping us re-brand the LTIP anonymous tip line.

Our goal is to encourage teens, parents, and community members to use the LTIP line to share information about underage drinking, illegal drug use, or other criminal activity. LTIP allows anyone to text or email a secure encrypted tip to police and communicate with them without their identity being revealed.

The work group will meet three times to brainstorm ways to market the tip line, and come up with new branding and logos that will be printed on items promoting the line. We welcome students to this work group for their valuable input on what kind of logos and marketing techniques we should use to reach our target audience.

If you are interested in being part of the work group <u>please contact Jess Breithaupt</u> at Healthy Lincoln County.

The first meeting is scheduled for July 11 at 8:30am.

can't make it

ALCOHOL TRAINING OFFERED MAY, JUNE, & JULY

REGISTRATION REQUIRED



Responsible beverage seller/server training (RBS) are being offered to establishments in Lincoln County in late spring and early summer. HLC works with the Lincoln County Sheriff's Office who is responsible for enforcing underage drinking laws. Through compliance checks, they are able to identify businesses who may need additional training for their managers or staff.

So far in 2019, 89% of the businesses who were checked passed their check, meaning they did not sell alcohol to the undercover minor.

Businesses that fail a check are encouraged to attend RBS training, and to establish a written policy around alcohol sales for their business immediately. How to develop a written policy is discussed during the four hour training. The training also covers the liquor liability act, how to identify minors to prevent underage sales, how to prevent visibly intoxicated patrons from driving, and much more.

In May, 19 attendees from nine establishments were

trained by Chief Deputy Rand Maker and Sgt. Mark Bridgham of the Lincoln County Sheriff's Office. At a June 19 training in Damariscotta, 11 more attendees from 5 businesses were trained. The next training is scheduled for July 10 in Southport.

Businesses interested in hosting or attending an RBS training canreach out to Healthy Lincoln County for scheduling.

LINCOLN ACADEMY TAKES NEW APPROACH TO VAPING

Lincoln Academy recently made several policy changes to address the use of e-cigarettes in school. Student and coalition partner Riley Stevenson initiated the policy change meetings because of her concern around student e-cigarette usage on campus.

Stevenson heard from students of Boothbay Region High School's Student Health Advisory Board about their efforts, and she went to her school the next morning to take action. She worked with Kelsey Wollen of Lincoln Health, Jess Breithaupt of Healthy Lincoln County, and Dean of Students Jake Abbott at Lincoln Academy to brainstorm policy changes that would focus on restorative practices through education.

After their first vaping violation, students are now assigned a "learning detention" where they research the health effects and risks of vaping, as well as the truth behind deceptive c-cigarette marketing. After their research, the students are required to write a letter about what they learned to a parent, teacher, or local newspaper.

Jake Abbott, the Dean of Students at Lincoln Academy, has been invited to the ENDS workgroup in June to share information about this policy change with prevention partners from around the state. Congratulations to our coalition partners for this successful collaboration!

Read the full article here.

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